



# Grande Prairie Aquarians 2024

## Invitational

July 20th, 2024

Meet Information and Meet Package  
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Grande Prairie Aquarians 2024 Invitational



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Grande Prairie  
July 20, 2024

**HOSTED BY** Grande Prairie Aquarians

**FACILITY** Eastlink Centre  
We will be racing in 8 lanes

**CONTACTS** Meet Manager: Meghan Monette  
Contact E-mail: [meghang0013@gmail.com](mailto:meghang0013@gmail.com)  
Meet Phone #: 780-933-5892

Referee #1: Janice Luken Level 4

Referee#2: Richard Harris Level 3

**DATES** Meet Dates: July 20 to July 20  
Entry Deadline: July 16 at 8:00 pm

**MEET TYPE** Summer

**CLUBS INVITED** Beaverlodge Barracudas, Fairview Olympians, Grande Prairie Aquarians, Grimshaw Gators, High Prairie Dolphins, High Level Stingrays, Peace River Porpoises, Slave Lake Sharks, Smoky River Manatees, Spirit River Seawolves, Valleyview Vipers.

**SAFE SPORT**

Alberta Summer Swimming and Swim Alberta provides a fun, healthy, inclusive, and safe environment. Swimming enriches the lives of everyone involved by ensuring that the training and competitive environment is one where athletes, coaches, officials, volunteers, and staff know they are safe, and are treated with respect and dignity. Swim Alberta believes that all members have the right to participate in a safe and inclusive training and competitive environment that is free of abuse, harassment, or discrimination.

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

**RULES**



## Grande Prairie Aquarians 2024 Invitational

The meet will be conducted under published World Aquatics and/or WPS rules and regulations supplemented by published and approved Swimming Canada, Swim Alberta and ASSA rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

### **COMPETITION AND DIVING READINESS STANDARDS**

Entry to competition is limited to participants who have passed the Swim Alberta's Competition Swim Test. During competitions, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

The submission of the Competition Readiness – Club Verification Form, stating that all swimmers entered in the competition have completed Swim Alberta's Competition Swim Test, is required if asked to produce it. Please have a form ready or submit to the meet manager with entries.

### **SWIMWEAR AT COMPETITIONS**

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

### **DIVING RULES**

The following rule applies to the start end of the pool:

One of the below diving rules must be included, for competitions using multiple pools or starting ends more than one clause may be included to distinguish between starting ends.

1. Starts will be conducted from Starting Platforms (blocks) as per World Aquatics FR 2.3, FR 2.7 and SW 4.1.
2. Starts will be conducted from the Bulkhead as per CSW 4.1.1.
3. In-water starts will be conducted as per CSW 4.1.

The following rule applies to the turn end of the pool (for the 4 x 25m relay):

1. Starts will be conducted from Deck or Bulkhead as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.1
2. In-water starts will be conducted as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.2.

### **SCRATCHES**

Swim Alberta scratch rule will be in effect for this competition.



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### **SCHEDULE\***

Coaches, swimmers, and officials can access the facility from 7-7:30 am @ the south Fieldhouse entrance.

Coach Meeting: 7:20 am

Officials Meeting: 7:45 am

Warm-Up: 11 & Over 7:45 am

10 & Under 8:10 am

Racing Start: 8:45 am

Spectators can gain facility access commencing @ 8 am when the facility opens to the public.

*\* Lunch and afternoon racing start time will be based on entries and session timeouts; the expected times will be communicated prior to the start of the competition.*

### **Eligibility**

This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA.

### **ENTRY PROCEDURE**

All entries must be submitted through the Swimming Canada Registration System.

### **Deck Entries**

Swimmer Deck Entries may be permitted by Meet Management

Deck entries must include proof that the swimmer is fully registered with Swimming Canada.

### **ENTRIES**

- This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA
- Entry Fees: \$30.00 per swimmer\*  
*\*Entry fees will include the Summer Swim Club Sanctioning fee of \$3.00 per swimmer, per competition. Note: ASSA has approved guidelines for the maximum entry amount.*
- Maximum individual entries per swimmer: 4
- Maximum relay entries per swimmer: 2
- Deck entries will be limited to swimmers who have registered for the competition through the Swimming Canada online system. Deck entries may be permitted at a cost of \$10.00 per swim, provided an extra heat is not created. Deck entries will swim as exhibition and will be seeded with no time (NT). Meet Format: Timed Finals
- Events and Age Groups: The ASSA standard events and age groups as per the ASSA Rules and Regulations will be used.



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- Seeding:
  - Events will be swum 'slowest to fastest', by age group, following SW 3.1.2 seeding rules
  - Events will be run as mixed gender.
  - Events will be combined by gender and/or age group for seeding purposes. Results will be separated by gender and age group.
- Scratches should be submitted to the meet manager prior as per the Swim Alberta Scratch Rule.
- Scratches are to be supplied to the Administration Desk on the supplied scratch sheet in the coach's package.
- Relay names are to be submitted with the online entries. Relay name changes are to be submitted to the Administration Desk a minimum of 30 minutes prior to the first relay event, based on session timeouts, regardless of the age or gender of the relay.

### AWARDS

- Scoring (individual and relay events):
  - 8-Lanes = 9,7,6,5,4,3,2,1 (8 lanes)
- Ribbons:
  - Individual events - Swimmers placing in the top "8" in their event shall receive a ribbon.
  - Relay events – Swimmers placing in the top "8" as members of the relay team shall receive a ribbon.

### OPTIONAL AWARDS

- Aggregate Awards: Medals will be presented to the top three male and top three female in each age group based on the total points earned in their individual swims:
  - 6&U, 7&8, 9&10, 11&12, 13& 14, 15-17, 18&O, Para
  - Medals will be presented following the relays under the dive tower.

### EVENTS

Para swimmers will be seeded based on time, age and gender. There are no para specific events.

There will be para-swimmer awards based on the results of the competition.

Mixed gender relays (2 males and 2 females) may be scheduled with the other Boys/Girls relays.



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List the events to be offered at the competition.

Saturday Morning Events	Saturday Afternoon Events
<input type="checkbox"/> 400 Free	<input type="checkbox"/> 200 Free
<input type="checkbox"/> 25 Fly (10 & Under)	<input type="checkbox"/> 50 Fly (10 & Under)
<input type="checkbox"/> 50 Fly	<input type="checkbox"/> 100 Fly
<input type="checkbox"/> 50 Back (10 & Under)	<input type="checkbox"/> 25 Back (10 & Under)
<input type="checkbox"/> 100 Back	<input type="checkbox"/> 50 Back
<input type="checkbox"/> 25 Breast (10 & Under)	<input type="checkbox"/> 50 Breast (10 & Under)
<input type="checkbox"/> 50 Breast	<input type="checkbox"/> 100 Breast
<input type="checkbox"/> 50 Free (8 & Under)	<input type="checkbox"/> 25 Free (8 & Under)
<input type="checkbox"/> 100 Free	<input type="checkbox"/> 50 Free
<input type="checkbox"/> 100 IM	<input type="checkbox"/> 200 IM
<input type="checkbox"/> 25 Flutter (6 & Under or 8 & Under)*	<input type="checkbox"/> 100 Free Relay (10 & Under)
<input type="checkbox"/> 1500 Free	<input type="checkbox"/> 200 Free Relay
	<input type="checkbox"/> 100 Medley Relay (10 & Under)
	<input type="checkbox"/> 200 Medley Relay

\*Events that are ‘fun’ events do not score and are not counted towards the maximum number of individual entries



## APPENDIX A

### SWIM ALBERTA SCRATCH RULE

#### **Time Final Meets including Swim Alberta Winter & Summer Festivals and all Summer Swimming Competitions:**

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Administration Desk.

Scratches for the session's events are to be submitted to the Administration Desk 30 minutes prior to the start of each session.

There shall be no penalty for swimmers who 'no show' or submit a 'late scratch' for their event.

#### **Deadlines for Relays:**

The deadline for relay name submissions shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin.

The deadline for name changes shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin. The deadline will be a minimum of 30 minutes prior to the first relay event based on session timeouts, regardless of which event (age or gender) the team is entered in.

#### **Facility Specific Rules:**

The Eastlink Center facility requires spectators to view from the second-floor spectator area. Parents should only be on Deck if they are volunteers for the swim meet. **Each club must provide chaperones at a one-to-three ratio for swimmers under the age of 8**, to assist coaches on deck. Please provide meet management with your club's list of chaperones along with your meet entries.

The facility opens its doors @ 8 am to the public, before this only swimmers, coaches, and volunteers may have access, please ensure to identify yourself if you require access.



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### **Swim Meet Hotel Information:**

#### **[Book your group rate for GP Aquarians Swim Club](#)**

You will find the information for your online reservation link below. If you have questions or need help with the link, please do not hesitate to ask. We appreciate your business and look forward to a successful event.

### **Event Summary:**

#### **GP Aquarians Swim Club**

**Start Date: Friday, July 19, 2024**

**End Date: Sunday, July 21, 2024**

**Last Day to Book: Thursday, July 11, 2024**

#### **Hotel(s) offering your special group rate:**

- **Four Points by Sheraton Grande Prairie for 149 CAD - 169 CAD per night**

#### **[Book your group rate for GP Aquarians Swim Club](#)**

We aim to provide camping on-site in one of the attached parking lots, more information to follow.