

Calgary Tritons Summer Swim Club

July 13, 2024

Meet Information and Meet Package





Calgary Tritons 51st Annual Invitational Meet

Calgary Tritons Summer Swim Club

Calgary, Alberta

July 13, 2024

HOSTED BY Calgary Tritons Summer Swim Club

FACILITY MNP Community & Sport Centre
2225 Macleod Trail South
Calgary Alberta
T2G 2B5

CONTACTS Meet Manager: Erin Flory
Contact E-mail: meetmanager@calgarytritons.ca
Meet Phone #: 403-710-8961

Meet Referee: Mike Bester

Referee#2: Peter Lloyd

Referee#3: Terry Trofimuk

DATES Meet Dates: July 13, 2024
Entry Deadline: July 5, 2024 at 11:59 pm
Scratch Deadline (for no charge¹): July 10, 2024 at 5:00 pm

MEET TYPE Summer

CLUBS INVITED All Region E clubs

SAFE SPORT

Alberta Summer Swimming and Swim Alberta provides a fun, healthy, inclusive, and safe environment. Swimming enriches the lives of everyone involved by ensuring that the training and competitive environment is one where athletes, coaches, officials, volunteers, and staff know they are safe, and are treated with respect and dignity. Swim Alberta believes that all members have the right to participate in a safe and inclusive

¹ Meet management reserves the right to consider late scratches for no charge.



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training and competitive environment that is free of abuse, harassment, or discrimination.

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

RULES

The meet will be conducted under published World Aquatics and/or WPS rules and regulations supplemented by published and approved Swimming Canada, Swim Alberta and ASSA rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

COMPETITION AND DIVING READINESS STANDARDS

Entry to competition is limited to participants who have passed the Swim Alberta’s Competition Swim Test. During competitions, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

The submission of the Competition Readiness – Club Verification Form, stating that all swimmers entered in the competition have completed Swim Alberta’s Competition Swim Test, is required prior to entries being accepted.

SWIMWEAR AT COMPETITIONS

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

REQUIREMENT FOR TIME TRIAL SANCTIONS

A Time Trial sanction is limited to one (1) event with one (1) swimmer or one (1) relay team. No entry fees are permitted for Time Trials.

DIVING RULES

The following rule applies to the start end of the pool:

1. Starts will be conducted from Starting Platforms (blocks) as per World Aquatics FR 2.3, FR 2.7 and SW 4.1.
2. Starts will be conducted from the Deck or Bulkhead as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.1.



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3. In-water starts will be conducted as per CSW 4.1.

The following rule applies to the turn end of the pool (for the 4 x 25m relay):

1. Starts will be conducted from Starting Platforms (blocks) as per World Aquatics FR 2.3, FR 2.7 and SW 4.1.
2. Starts will be conducted from the Deck or Bulkhead as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.1.
3. In-water starts will be conducted as per CSW 4.1.

SCRATCHES

Swim Alberta scratch rule will be in effect for this competition.

SCHEDULE*

Coach Meeting: Enter Time 7:15 am

Warm-Up: Enter Time 7:30 am

Racing Start: Enter Time 8:30 am

** Lunch and afternoon racing start time will be based on entries and session timeouts; the expected times will be communicated prior to the start of the competition.*

Eligibility

This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA.

ENTRY PROCEDURE

All entries must be submitted through the Swimming Canada Registration System.

Deck Entries

Swimmer Deck Entries may be permitted by Meet Management
Deck entries must include proof that the swimmer is fully registered with Swimming Canada.

ENTRIES

- This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA
- Entry Fees: \$30.00 per swimmer*
**Entry fees include the Summer Swim Club Sanctioning fee of \$3.00 per swimmer, per competition.*
- Maximum individual entries per swimmer: **4**



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- Maximum relay entries per swimmer: **2**
- Deck entries will be limited to swimmers who have registered for the competition through the Swimming Canada online system. Deck entries may be permitted at a cost of \$10.00 per swim, provided an extra heat is not created. Deck entries will swim as exhibition and will be seeded with no time (NT). Meet Format: Timed Finals
- Events and Age Groups: The ASSA standard events and age groups as per the ASSA Rules and Regulations will be used.
- Seeding:
 - Events will be swum 'slowest to fastest', by age group, following SW 3.1.2 seeding rules
 - Events will be swum by gender except where mixed gender is identified for efficiency
 - Events will be swum as combined age group
 - Results will be separated by age group and gender.
- Scratches should be submitted to the meet manager prior to the scratch deadline as per the Swim Alberta Scratch Rule.
- Scratches are to be supplied to the Administration Desk on the supplied scratch sheet in the coach's package.
- Relay names are to be submitted with the online entries. Relay name changes are to be submitted to the Administration Desk a minimum of 30 minutes prior to the first relay event, based on session timeouts, regardless of the age or gender of the relay.

AWARDS

- Ribbons:
 - Individual events - Swimmers placing in the top 8 in their event shall receive a ribbon.
 - Relay events – Swimmers placing in the top 8 as members of the relay team shall receive a ribbon.

EVENTS

- Para swimmers will be seeded based on time, age and gender. There are no para specific events.

Event order is subject to adjustment once entries have been received.



Session 1 (Morning) Individual Events		Session 2 (Morning) Relay Events		Session 3 (Afternoon) Individual Events		Session 4 (Afternoon) Relay Events	
Event Number	Event	Event Number	Event	Event Number	Event	Event Number	Event
1,2	400 Free (9&O)	100 (G), 101 (B), 102 (M)	100 Free Relay (10&U)	19,20	1500 Free (11&O)**	200 (G), 201 (B), 202 (M)	100 Medley Relay (10&U)
3,4	50 Fly (9&O)	103 (G), 104 (B), 105 (M)	200 Free Relay	21,22	100 IM (7&O)	203 (G), 204 (B), 205 (M)	200 Medley Relay
5,6	25 Back (10&U)			23,24	50 Free (6&O)		
7,8	100 Back (11&O)			25,26	25 Fly (10&U)		
9,10	50 Breast (6&O)			27,28	100 Fly (11&O)		
11,12	25 Free (8&U)			29,30	50 Back (10&U)		
13,14	100 Free (9&O)			31,32	25 Breast (10&U)		
15,16	25 Flutter (8&U)*			33,34	100 Breast (11&O)		
17,18	200 IM (11&O)			35,36	200 Free (9&O)		

*Not counted towards the maximum number of individual entries; swum as mixed gender as Event 15; 25m IM in event file

**Swum as mixed gender as Event 19

APPENDIX A

SWIM ALBERTA SCRATCH RULE

Time Final Meets including Swim Alberta Winter & Summer Festivals and all Summer Swimming Competitions:

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Administration Desk.

Scratches for the session's events are to be submitted to the Administration Desk 30 minutes prior to the start of each session.

There shall be no penalty for swimmers who 'no show' or submit a 'late scratch' for their event.

Deadlines for Relays:

The deadline for name changes will be 9:00 am on July 13, 2024 (half hour after end of warm-up).