



High River Otters Invitational

June 22, 2024

Meet Information and Meet Package





High River Otters Invitational

High River AB

June 22

HOSTED BY High River Otters

FACILITY **Bob Snodgrass Recreation Centre**
228 12 Ave SE
High River AB T1V 1E7
6 Lanes

CONTACTS Meet Manager: Nicole MacIntyre and Andrew Livesey
Contact E-mail: hrottersmeetmanager@gmail.com
Meet Phone #: 403-603-8569
Meet Referee: Terry Trofimuk
Referee E-mail: terrytrof@gmail.com

DATES Meet Dates: Saturday June 22, 2024
Entry Deadline: June 20 at 12pm

MEET TYPE Summer

CLUBS INVITED

Calgary Swordfish	Calgary Tritons
Cochrane Piranhas	Didsbury Aquajets
Okotoks Stingrays	Canmore Coho

SAFE SPORT

Alberta Summer Swimming and Swim Alberta provides a fun, healthy, inclusive, and safe environment. Swimming enriches the lives of everyone involved by ensuring that the training and competitive environment is one where athletes, coaches, officials, volunteers, and staff know they are safe, and are treated with respect and dignity. Swim Alberta believes that all members have the right to participate in a safe and inclusive training and competitive environment that is free of abuse, harassment, or discrimination.

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.



RULES

The meet will be conducted under published World Aquatics and/or WPS rules and regulations supplemented by published and approved Swimming Canada, Swim Alberta and ASSA rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

COMPETITION AND DIVING READINESS STANDARDS

Entry to competition is limited to participants who have passed the Swim Alberta's Competition Swim Test. During competitions, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

The submission of the Competition Readiness – Club Verification Form, stating that all swimmers entered in the competition have completed Swim Alberta's Competition Swim Test, is required prior to entries being accepted.

SWIMWEAR AT COMPETITIONS

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

REQUIREMENT FOR TIME TRIAL SANCTIONS

A Time Trial sanction is limited to one (1) event with one (1) swimmer or one (1) relay team. No entry fees are permitted for Time Trials.

DIVING RULES

The following rule applies to the start end of the pool:

1. Starts will be conducted from Starting Platforms (Blocks) as per FINA FR 2.3 and SW 4.1

The following rule applies to the turn end of the pool (for the 4 x 25m relay):

1. In-water starts will be conducted as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.2.



SCRATCHES

Swim Alberta scratch rule will be in effect for this competition. Scratches should be submitted to the Clerk of Course by the coaches meeting Saturday a.m. Please take any late scratches to the Clerk of Course. There is no financial penalty for swimmers who “NoShow” to their event.

SCHEDULE*

Day 1 (June 22)

Coach Meeting	7:05	
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Warm up time 7:15

Start time 8:30

** Lunch and afternoon racing start time will be based on entries and session timeouts; the expected times will be communicated prior to the start of the competition.*

Warm Up Information

- SNC Warm-up protocol in effect.
- diving-one direction only please
- Warm up lanes assigned & sent to coaches by Friday 12:00p.m.. Posted in lobby as well
- Saturday morning (only) warm up: each club will have a 15 minute warm up session starting at 7:15 am.
- Coaches will provide supervision to their club’s swimmers for their warm up session

ENTRY PROCEDURE

- All entries must be submitted through the [Swimming Canada online system](#).

DECK ENTRIES

Swimmer Deck Entries may be permitted by Meet Management Deck entries must include proof that the swimmer is fully registered with Swimming Canada (Swimmers full name and swimming ID number)



ENTRIES

- This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA
- Entry Fees: \$35 per swimmer*
**Entry fees will include the Summer Swim Club Sanctioning fee of \$3.00 per swimmer, per competition.*
- Maximum individual entries per swimmer: 4
- Maximum relay entries per swimmer: 2
- Please pay by 8:00 am Saturday, June 22 to Nicole MacIntyre in lunchroom
- Cheques payable to High River Otters Swim Club
- E-Transfers to Denise @ hrotterstreasurer@gmail.com
- Deck entries will be limited to swimmers who have registered for the competition through the Swimming Canada online system. Deck entries may be permitted at a cost of \$10.00 per swim, provided an extra heat is not created. Deck entries will swim as exhibition and will be seeded with no time (NT).
- Coaches you are welcome to send scratches to hrottersmeetmanager@gmail.com anytime before Friday, June 21 @ 3:00pm

COACHES MEETING

- Saturday am: 7:05 on deck near hot tub (scratches due at 7:00)

MEET FORMAT

- Meet Format: Timed Finals
- Events and Age Groups: The ASSA standard events and age groups as per the ASSA Rules and Regulations will be used.
- Seeding:
 - Events will be swum 'slowest to fastest', by age group, following SW 3.1.2 seeding rules.
 - The meet manager may choose to run events or competitions as mixed gender.
 - The meet manager may choose to combine events by gender and/or age group for seeding purposes. Results will be separated by gender.
 - Para Swimmers will be seeded by time with swimmers of their age and gender.
- Scratches should be submitted to the meet manager prior as per the Swim Alberta Scratch Rule.
- Scratches are to be supplied to the Administration desk, scratch sheets available at desk



- Relay names are to be submitted with the online entries. Relay name changes are to be submitted to the clerk of course a minimum of 30 minutes prior to the first relay event, based on session timeouts, regardless of the age or gender of the relay.

AWARDS

- Scoring (individual and relay events):
 - 6-Lanes = 7,5,4,3,2,1 (6 lanes)
- Ribbons:
 - Individual events - Swimmers placing in the top 6 in their event shall receive a ribbon. (6 is the # of lanes)
 - Relay events – Swimmers placing in the top 6 as members of the relay team shall receive a ribbon. (6 is the # of lanes)
- All awards will be brought to the next Region E meet and given to coaches

GENERAL

Meet will start at 8:30 am Saturday

All clubs are responsible for the behaviour of their swimmers at all times. Please provide adult chaperones for the fieldhouse/arena area

Our large floor surface is under construction; we will be using the small arena in the north end of the lobby. We ask that there are no tents, or large mattresses as we will not have a lot of room. No scooters, balls etc in the arena area; we do hope to have access to some of the surrounding green space through the arena

Each club shall clean up their fieldhouse/arena area and coaches area by the end of the meet

No parents in the marshalling area please, enter the pool deck through the changerooms 50/50

NO HEAT SHEETS to purchase. Available online Friday June 21 at www.highriverotters.swimtopia.com

EVENTS

- Para swimmers will be seeded based on their age and gender.
- Mixed gender relays (2 male and 2 female) may be scheduled with the other Boys/Girls relays if offered.



List of the events to be offered at the competition.

Saturday	
Morning Events	Afternoon Events
<input type="checkbox"/> 50 Breast (10 & Under)	<input type="checkbox"/> 25 Free (8 & Under)
<input type="checkbox"/> 100 Breast (11 & Over)	<input type="checkbox"/> 50 Free (9 & Over)
<input type="checkbox"/> 25 Back (10 & Under)	<input type="checkbox"/> 50 Fly (10 & Under)
<input type="checkbox"/> 50 Back (11 & Over)	<input type="checkbox"/> 100 Fly (11 & Over)
<input type="checkbox"/> 50 Free (8 & Under)	<input type="checkbox"/> 25 Breast (10 & Under)
<input type="checkbox"/> 100 Free (9 & Over)	<input type="checkbox"/> 50 Breast (11 & Over)
<input type="checkbox"/> 100 IM	<input type="checkbox"/> 50 Back (10 & Under)
<input type="checkbox"/> 25 Flutter (8 & Under)*	<input type="checkbox"/> 100 Back (11 & Over)
<input type="checkbox"/> 25 Fly (10 & Under)	<input type="checkbox"/> 200 IM
<input type="checkbox"/> 50 Fly (11 & Over)	<input type="checkbox"/> 100 Free Relay (10 & Under)
<input type="checkbox"/> 800 Free	<input type="checkbox"/> 200 Free Relay (11 & Over)
<input type="checkbox"/> 100 Medley Relay (10 & Under)	
<input type="checkbox"/> 200 Medley Relay	

**Events that are 'fun' events do not score and are not counted towards the maximum number of individual entries*

APPENDIX A

SWIM ALBERTA SCRATCH RULE

Time Final Meets including Swim Alberta Winter & Summer Festivals and all Summer Swimming Competitions:

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving



scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Administration Desk.

Scratches for the session's events are to be submitted to the Administration Desk 30 minutes prior to the start of each session.

There shall be no penalty for swimmers who 'no show' or submit a 'late scratch' for their event.

No refunds will be provided for scratches submitted after 7pm on Thursday, June 20 to hrottersmeetmanager@gmail.com

Deadlines for Relays:

The deadline for relay name submissions shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin.

The deadline for name changes shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin. The deadline will be a minimum of 30 minutes prior to the first relay event based on session timeouts, regardless of which event (age or gender) the team is entered in.

OFFICIALS

- Clubs will need to provide officials to this meet
- Please send requests to Lisa Szabon Smith: hrottercoa@gmail.com (1st ask/1st serve)
- We can accommodate mentoring for timers 1 per lane/session. S&T can be 1 or 2 per judge
- All officials are asked to attend briefings: Sat AM 7:20 am in Studio B - Sat PM TBA
- All Officials are asked to bring refillable water bottle (**NO GLASS**) -club will provide refreshments throughout the sessions
- A light breakfast for morning officials will be supplied
- Lunch for both morning and afternoon officials will be provided
- There will be a short lunch break
- The meet manager has the right to alter, revise, or cancel events to ensure the meet runs effectively and on time
- Swimmers will be in the small arena in the facility, we will be asking that there are no tents or structures as there is not space for it
- Swimmers will report to the Head Marshal in the lobby when their event is announced