

# HIGH LEVEL STINGGRAYS

## Invitational

June 15, 2024

Meet Information and Meet Package





## HIGH LEVEL STINGRAYS Invitational

### HIGH LEVEL STINGRAYS Invitational

High Level, Alberta

June 15, 2024

**HOSTED BY** High Level Stingrays

**FACILITY** 10001 105 Ave, High Level, AB  
4 Lanes

**CONTACTS** Meet Manager: David Mercer  
Contact E-mail: davidmercercer2003@yahoo.ca  
Meet Phone #: 780-285-0820

Referee #1: Janice Larkin

Referee#2: Richard Harris

**DATES** Meet Dates: June 15, 2024 to June 15, 2024  
Entry Deadline: June 12, 2024 at 5 PM

**MEET TYPE** Summer

**CLUBS INVITED** Beaverlodge Barracudas, Grande Prairie Aquarians, Slave Lake Sharks  
Fairview Olympians, Grimshaw Gators, Spirit River Seawolves  
Peace River Porpoises, High Level Stingrays, High Prairie Dolphins  
Valleyview Vipers, Smoky River Manatees

#### **SAFE SPORT**

Alberta Summer Swimming and Swim Alberta provides a fun, healthy, inclusive, and safe environment. Swimming enriches the lives of everyone involved by ensuring that the training and competitive environment is one where athletes, coaches, officials, volunteers, and staff know they are safe, and are treated with respect and dignity. Swim Alberta believes that all members have the right to participate in a safe and inclusive training and competitive environment that is free of abuse, harassment, or discrimination.

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.



## HIGH LEVEL STINGRAYS Invitational

### **RULES**

The meet will be conducted under published World Aquatics and/or WPS rules and regulations supplemented by published and approved Swimming Canada, Swim Alberta and ASSA rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

### **COMPETITION AND DIVING READINESS STANDARDS**

Entry to competition is limited to participants who have passed the Swim Alberta's Competition Swim Test. During competitions, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

The submission of the Competition Readiness – Club Verification Form, stating that all swimmers entered in the competition have completed Swim Alberta's Competition Swim Test, is required prior to entries being accepted.

### **SWIMWEAR AT COMPETITIONS**

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

### **REQUIREMENT FOR TIME TRIAL SANCTIONS**

A Time Trial sanction is limited to one (1) event with one (1) swimmer or one (1) relay team. No entry fees are permitted for Time Trials.

### **DIVING RULES**

The following rule applies to the start end of the pool:

1. Starts will be conducted from Starting Platforms (blocks) as per World Aquatics FR 2.3, FR 2.7 and SW 4.1.

The following rule applies to the turn end of the pool (for the 4 x 25m relay):

1. In-water starts will be conducted as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.2.



## HIGH LEVEL STINGRAYS Invitational

### SCRATCHES

Swim Alberta scratch rule will be in effect for this competition.

### SCHEDULE\*

Coach Meeting: 7:15 am

Warm-Up: 7:30 am

Officials Meeting: 7:30 am

Racing Start: 8:30 am

*\* Lunch and afternoon racing start time will be based on entries and session timeouts; the expected times will be communicated prior to the start of the competition.*

### Eligibility

This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA.

### ENTRY PROCEDURE

All entries must be submitted through the Swimming Canada Registration System.

### Deck Entries

Swimmer Deck Entries may be permitted by Meet Management  
Deck entries must include proof that the swimmer is fully registered with Swimming Canada.

### ENTRIES

- This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA
- Entry Fees: \$30.00 per swimmer\*  
*\*Entry fees will include the Summer Swim Club Sanctioning fee of \$3.00 per swimmer, per competition. Note: ASSA has approved guidelines for the maximum entry amount.*
- Maximum individual entries per swimmer: 4
- Maximum relay entries per swimmer: 2
- Deck entries will be limited to swimmers who have registered for the competition through the Swimming Canada online system. Deck entries may be permitted at a cost of \$10.00 per swim, provided an extra heat is not created. Deck entries will swim as exhibition and will be seeded with no time (NT). Meet Format: Timed Finals
- Events and Age Groups: The ASSA standard events and age groups as per the ASSA Rules and Regulations will be used.
- Seeding:



## HIGH LEVEL STINGRAYS Invitational

- Events will be swum 'slowest to fastest', by age group, following SW 3.1.2 seeding rules
- Events will be seeded mixed gender.
- Scratches should be submitted to the meet manager prior as per the Swim Alberta Scratch Rule.
- Scratches are to be supplied to the Administration Desk on the supplied scratch sheet in the coach's package.
- Relay names are to be submitted with the online entries. Relay name changes are to be submitted to the Administration Desk a minimum of 30 minutes prior to the first relay event, based on session timeouts, regardless of the age or gender of the relay.

### AWARDS

- Scoring (individual and relay events):
  - 5,3,2,1
- Ribbons:
  - Individual events - Swimmers placing in the top 4 in their event shall receive a ribbon.
  - Relay events – Swimmers placing in the top 4 as members of the relay team shall receive a ribbon.

### OPTIONAL AWARDS

- Aggregate Awards: Medals will be presented to the top three male and top three female in each age group based on the total points earned in their individual swims:
  - 6&U, 7&8, 9&10, 11&12, 13& 14, 15-17, 18&O, Para



## HIGH LEVEL STINGRAYS Invitational

### EVENTS

Para swimmers will be seeded based on time, age and gender. There are no para specific events.

Mixed gender relays (2 males and 2 females) may be scheduled with the other Boys/Girls relays if offered.

Saturday Morning Events	Saturday Afternoon Events
<input type="checkbox"/> 400 Free	<input type="checkbox"/> 200 Free
<input type="checkbox"/> 25 Fly (10 & Under)	<input type="checkbox"/> 50 Fly (10 & Under)
<input type="checkbox"/> 50 Fly	<input type="checkbox"/> 100 Fly
<input type="checkbox"/> 50 Back (10 & Under)	<input type="checkbox"/> 25 Back (10 & Under)
<input type="checkbox"/> 100 Back	<input type="checkbox"/> 50 Back
<input type="checkbox"/> 25 Breast (10 & Under)	<input type="checkbox"/> 50 Breast (10 & Under)
<input type="checkbox"/> 50 Breast	<input type="checkbox"/> 100 Breast
<input type="checkbox"/> 50 Free (8 & Under)	<input type="checkbox"/> 25 Free (8 & Under)
<input type="checkbox"/> 100 Free	<input type="checkbox"/> 50 Free
<input type="checkbox"/> 100 IM	<input type="checkbox"/> 200 IM
<input type="checkbox"/> 25 Flutter (6 & Under or 8 & Under)*	<input type="checkbox"/> 800 Free
	<input type="checkbox"/> 100 Free Relay (10 & Under)
	<input type="checkbox"/> 200 Free Relay
	<input type="checkbox"/> 100 Medley Relay (10 & Under)
	<input type="checkbox"/> 200 Medley Relay

\*Events that are 'fun' events do not score and are not counted towards the maximum number of individual entries



## HIGH LEVEL STINGRAYS Invitational

### APPENDIX A

#### SWIM ALBERTA SCRATCH RULE

##### **Time Final Meets including Swim Alberta Winter & Summer Festivals and all Summer Swimming Competitions:**

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Administration Desk.

Scratches for the session's events are to be submitted to the Administration Desk 30 minutes prior to the start of each session.

There shall be no penalty for swimmers who 'no show' or submit a 'late scratch' for their event.

##### **Deadlines for Relays:**

The deadline for relay name submissions shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin.

The deadline for name changes shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin. The deadline will be a minimum of 30 minutes prior to the first relay event based on session timeouts, regardless of which event (age or gender) the team is entered in.